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COUNSELING CONNECTION



The Troy High School Counseling Department Newsletter

April - May 2021

Vol. 3

WELCOME!

Hello Warrior Community,

Please read on for important school counseling events and information for the months of April through May, 2021. For all things Troy school counseling please visit our website:
<https://www.fjuhsd.org/domain/199>

SCHOOL COUNSELING STAFF

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COUNSELING STAFF

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Stephanie Rosner - Registrar
Chris Standifer - Guidance Technician

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Student Mental Health & Well Being Spotlight

REMINDERS FOR ALL STUDENTS

School Counselor Google Classrooms & School Email Accounts



Students, check your school counselor's Google classroom weekly for any updates. You should also check your school email account daily for communication from the school, your school counselor, teachers, etc.

Summer School Information



If you signed up for a summer school class, summer school details and information will be posted to the school website sometime in April. Keep an eye out for a summer school section on the school website homepage.

Daily Student Support With Your School Counselor



See your school counselor during their daily student support time whenever you need help. The Zoom link is in your school counselor's Google Classroom. Be sure not to leave the waiting room as counselors see students individually. Please note: daily student support times during AP testing (May 3-17) may be altered. Check your school counselor's Google Classroom for updates.

SENIOR REMINDERS - CLASS OF 2021

Graduation Survey & Sending Your Final Transcript to the College Which You Will Attend

You will be using Naviance to complete a graduation survey and you will also use Parchment to request your final transcript to be sent to the college to which you will attend. When these tasks are ready for you to complete, your school counselor will communicate with you via their Google classroom as well as your school email address.



SENIOR REMINDERS CONTINUED - CLASS OF 2021

Communication From the Colleges to Which You Applied



Be sure that you are checking all of communications and application websites/portals from the colleges to which you applied, so that you don't miss any deadlines or notifications/updates. Failure to meet a college's deadline may result in the cancellation of your application.

Maintain Your Grades



Low grades (i.e., D/F grades) may impact admission decisions and/or eligibility. If you earned a D or F mark in the fall semester, notify the colleges to which you applied in writing (i.e., email).

Scholarships



There are many local scholarships posted to your Naviance student account! Once you are logged in, navigate to the "colleges" page. From there, under the "Scholarships and Money" section, you may view the "Scholarship List".

Apprenticeships



There are apprenticeship programs where you can learn and work at the same time. We have links to apprenticeship programs in this section of our website:

<https://www.fjuhsd.org/Page/3277>



JUNIOR REMINDERS - CLASS OF 2021

Small Group Junior Counseling Meetings



Sign ups were posted in your school counselor's Google Classroom along with lots of resources to help prepare you for your senior year. Be sure to sign up for a small group meeting as soon as possible.

How to Explore Colleges



Most colleges have lots of virtual resources available on their websites for you, including tours, webinars, Zoom sessions, student panels, etc. Don't miss out on the chance to reach out and connect with the colleges that you are interested in.

Military Enlistment



Thinking of a career in the military? Research options here:

<https://www.usa.gov/join-military#item-35337>

Career Education & Apprenticeships



Did you know that at the nine Orange County community colleges, there are well over 100 career training programs? Research your options here:

<https://www.fjuhsd.org/Page/605>



CALIFORNIA
COMMUNITY
COLLEGES

CAREER
EDUCATION

Use Your Naviance Student Account To Build Your List Of Colleges



Have you started building your college list? If not, start this now using your Naviance student account. Once you are logged in, navigate to the "colleges" page. There you can search by the name of the institution or use the "Find Your Fit" tools to explore colleges that match your interests and criteria. You should have a finalized list of colleges to which you will apply to by the end of summer.

Troy's Website Naviance Section: <https://www.fjuhsd.org/Page/615>

SOPHOMORE REMINDERS - CLASS OF 2023

Naviance Student Accounts



Have you continued your career/major/college research after taking the 'Do What You Are' assessment? This was the interest assessment you completed during January's 10th grade English class presentation and was a first step. Continue to use your account to explore your post-graduation and career plans. Within your Naviance account, navigate to the "careers" page. There you will find additional tools for career exploration.

Troy's Website Naviance Section: <https://www.fjuhsd.org/Page/615>



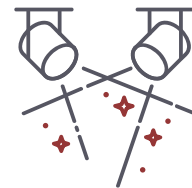
FRESHMAN REMINDERS - CLASS OF 2023

Introduction To Your Naviance Student Account Presentation



During late April and into May, our Guidance Technician, Mr. Standifer, will be recording a presentation on using your Naviance Student Account. This presentation will be made available to you through your school counselor's Google classroom. When this presentation is posted be sure to watch it! It will introduce you to your Naviance student account and its features.

STUDENT MENTAL HEALTH & WELL BEING SPOTLIGHT: IMPORTANT REMINDERS



See Something, Say Something

Know someone who needs help but is too shy or afraid to ask or to say that they don't know how? Please let your school counselor know.

Children's Hospital of Orange County (CHOC) Coping Videos

Check out CHOC's videos on guided imagery, mindfulness and more:

<https://www.choc.org/content/video/?tag=coping>

Common Sense Media Website Resources

Take a look at Common Sense Media's website section for parents of teens here:

<https://www.commonsensemedia.org/blog/teens>

